Can the Military be Mobilized to Fight Disease Outbreaks?

Daniela Braun
Military actors are increasingly performing non-traditional tasks. These include for example natural and humanitarian disaster relief, peace support operations and health services. Especially the growing role of militaries in global health has met with skepticism and resistance. Opponents argue that traditional security organizations, which are a strategic political tool primarily created to fight wars, are ill equipped to improve health outcomes. They fear that the growing interference of military will change the underlying logic of international health action into one that is highly authoritarian and marked by narrow self-interest. Others argue that the joint forces bring in auspicious chances in fighting diseases outbreaks because they have vast resources that can improve health crisis management substantially. The “militarization” of health is a development that is legitimized by the broader trend of linking health and security that started in the 1990s. My research sheds lights on this issue by theorizing, and conducting empirical research about the role of military assistance in health crisis response.

**Health as a Security Issue**

On September 14, 2014, the United Nations Security Council declared the Ebola epidemic in West Africa “a threat to international peace and security” and the head of the WHO, Margaret Chan, stated that Ebola threatens the “very survival of societies and governments” and contributes “strongly to potential state failure.” The language that is used in these statements strongly underlines a trend, which experts have come to characterize as the “securitization of health”. By this, they describe the fact that health issues have moved from low to high politics and play a prominent role in current foreign policy and security debates. Although the history of humanity is full of devastating epidemics – the most prominent example being the black-death during the 14th century – the recognition of the link between health and security emerged only after the end of the Cold War. In the late 1970s, most public health experts thought infectious diseases would no longer be a threat to modern societies due to safe vaccines and antimicrobial drugs. This medical optimism has proven to be false in light of the fact that today, the world is not only confronted with the emergence of new infectious diseases, but also with diseases that were once thought to be vanquished.

The reasons for this phenomenon can be linked to numerous global developments. These include the increase in travel and commerce, environmental degradation and population growth. The return of the modern plagues, with HIV/AIDS and SARS leading the way, is the most prominent reason for the securitization of health. The spread of infectious diseases and other health events have increased the awareness and recognition of policy-makers that these events can have a potentially profound impact on national and regional political stability.

This development gave rise to the increasing involvement of traditional security organizations and agents in matters of global health. This is especially true in the case of the growing military role in health emergency response. We witness the use of
Opposition to the Securitization of Health

The concerns about the spreading understanding of health as a security issue can be broadly divided into three different groups of arguments, each following a different logic.

The first argument fundamentally questions the concept of health as a security issue by doubting the empirical link between health and security. Advocates of this argument claim that scholars investigated recent epidemics and could not find that they had threatened political stability. They argue: "modern epidemics do not cause security crises." \(^vii\)

The second set of arguments is typically supported by traditional security actors. They don't take health as a serious threat to stability and argue the securitization of health drains limited security resources.\(^viii\)

The last set of arguments can be found within health communities and humanitarian groups. They argue that increasingly addressing health as a security issue will change the concept of international health action “into one based on narrow self-interest, which historically has not proved very effective in terms of addressing global health issues.”\(^ix\) This debate becomes especially contested with regards to the role of the military in global public health. Many NGOs refuse to collaborate with militaries because they fear that the core humanitarian principle of political neutrality might be undermined. Other opponents argue that military engagements are much more costly and less efficient than their humanitarian counterparts.\(^x\)

Promising Benefits

I argue that it is vital to acknowledge that the securitization of health also contains many possible benefits for global health. This is especially true for the ability to respond of health emergencies.

It is first necessary to respond to the critics and state that health is indeed empirically linked to security in today’s world. Studies show that a high number of infected people have the ability to weaken state capacities substantially and eventually cause political instability. \(^xi\) Many experts agree that health crises will eventually become the rule rather than the exception in an increasingly interconnected world. Against this backdrop, the link between health and security will most likely be strengthened. The Ebola epidemic with its devastating impacts on health systems, prosperity and stability in West Africa is only one example of a substantial threat to the fabric of modern nation states.

We observe that the securitization of health increased political and financial support for the fight against infectious diseases. Once the link between a certain topic and security is established, the matter gains greater significance and political attention. An example is the securitization of HIV/AIDS. After the UN Security Council meeting in January 2000 declared HIV/AIDS a threat to peace in sub-Saharan Africa, international attention and resources toward it increased.
As a consequence of the increase in funding, securitization also stimulates the development of new policy approaches. On top of this, it inspires new actors to enter the field of global health and improves the status of existing organizations that deal with infectious diseases.

The growing military role in responding to health crisis contributes important capabilities that cannot be achieved through other means. Militaries provide a pool of skilled forces, a strict hierarchical command structure and vast logistic capabilities. On top of that, they are ready to be deployed within a short period of time, which is crucial in managing an emerging health crisis. Other important areas in which the armed forces can play a critical role in global public health are disease surveillance and vaccine research. For example, the U.S. Army Medical Research Institute of Infectious Diseases helped provide potential vaccines against Ebola.\textsuperscript{xii} Similarly, scientists at the Walter Reed Army Institute of Research are currently heavily involved in the search for an effective vaccine against Zika.\textsuperscript{xiii}

\textbf{Upscale Research and Attention}

The securitization of health has become an important part of today’s global health discourse. But the research about the consequences and possible opportunities and risks of this development is still underdeveloped and hampered by skepticism and resistance.

To fully understand the impacts of perceiving health as a security issue and the growing role of security actors in health, it is crucial to further scientific research and attention to the issue at hand. An important first step would be to establish dialogues, interdisciplinary training and common research projects between the health and security communities. Although the relationship between these two traditionally independently working communities has improved during the last years, it is still dysfunctional in large parts. Also the development of a common understanding and a more specific definition of the phenomenon of securitization of health would be a major progress to advance the field.

The collision of health and security contains many auspicious chances and opportunities to improve global health and stability. Especially with regards to the response to health emergencies, the security approach might provide important prospects. Many experts agree that we will experience more and potentially severe health crises. What is clear is that society and policy makers cannot afford to miss out any opportunity in trying to become better in managing future health emergencies. This means that the effects and opportunities of the securitization of health are worth researching in order to find answers to one of the most pressing challenges the international community faces today.


The concept of health security means here the idea that health, political stability and prosperity are linked. For further details about the evolution of health security see Colin McInnes und Kelly Kelley (2012): Global Health and International Relations, Cambridge.


